



Work At Height - Crane Erector Access

HEIGHTWORKS

Duration

1 day

Max. Ratio

6 delegates to 1 instructor

Course Aim

To provide practical experience and education so a crane can be climbed safely using PPE and techniques that protect against falls.



Audience

Any person who has the need to climb on a crane whilst it is being erected, modified or maintained.

Syllabus

- Pre use inspection of PPE equipment
- Harness donning and appropriate use
- Understanding the principles of work restraint
- Understanding the principles of fall arrest
- Understanding the severity of falls whilst using PPE
- Understanding the hierarchy of fall control measures
- Understanding suspension intolerance
- Use of self rescue techniques
- Use of work positioning lanyards
- Use of twin energy absorbing lanyards
- Identifying work at height hazards
- Identifying crane specific hazards

Only on successful completion of the whole course will the candidate be issued with a certificate of competency.

This course is designed and delivered using BS8454 (code of practice for the delivery of training and education for work at height and rescue), IRATA international code of practice and equipment manufacturers technical instructions.

Prerequisites

- Reasonable level of health, fitness and aptitude.

Certification Expiry: The certificate is valid for a maximum of 3 years subject to a maintenance of skill level.